

Mealtime Conversation Starters

INSTRUCTIONS: Cut cards on lines. Put on table in a small cup or bowl.
Choose one card at a time for enjoyable family conversations.

For School Kids

What makes somebody a good friend? How have you been a good friend to someone recently?



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What would you like to do if you were elected President of the United States? Why?



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What makes you different from the person sitting next to you at the table? What makes you the same?



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What is the hardest thing that you did today? What is the hardest thing you have ever done?



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If you could travel anywhere in the world, where would you go? What would you like to see there?



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What are your favorite foods in the meals we make at home? What other foods or recipes would you like to try?



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What is your favorite sport to play? Why? What is your favorite sport to watch in person or on TV? Why?



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What was the most interesting news story you read, heard or watched today? Why?



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What is a job or a profession that really interests you? Why? Do you know anyone with that job? Who?



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What planet, star, or solar system would you like to visit? What do you imagine you would find there?



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What is something that makes you afraid? What is something that you used to be afraid of but aren't afraid of now?



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If you could change one thing that happened to you today, what would it be? How would you make it different?



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Do you think it is ever OK to yell at another person? When - or for what reasons?



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Who did you sit by today at lunch (or on the bus or at church)? What did you talk about (or learn from them)?



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What is the most interesting thing you read today? Where did you read it and why was it so interesting?



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What new word did you learn today? What does it mean? How would you use it in a sentence?



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